



Piercing in Physical Education and Outdoor Learning

Dear Parent Guardian, Any form of piercing that is kept in during physical activity has the potential to cause damage to both the user and a third party (other people).

There have been several incidents across the country where jewellery has caused soft tissue damage by being ripped out or scratching others. Hard tissue damage has also been logged, when the item has been driven through the skin and in to the bone. Finally choking has also occurred with tongue piercings.

It is our policy that ALL items of jewellery are removed for Physical Education and Outdoor Learning lessons. Piercings are not an excuse to miss out on a lesson; Physical Education is a compulsory subject and it is the parents and students obligation to ensure they are able to be fit and prepared to participate.

We recommend, therefore, that new piercings are timed with holiday periods where the following recommended minimum / maximum times are given by the Health and Safety Executive before a new piercing can be removed, from the date of insertion:

- Earrings: 4 weeks
- Belly / Naval studs: 5 weeks

Should this recommendation not be taken and a student finds themselves in school with an 'irremovable' piercing the following applies:

- Students are expected to get changed and participate in the lesson in the role of coach / official or organiser where the piercing does not allow for physical involvement, such as trampolining.
- The attached form is returned to the teacher in charge duly signed and dated. This form state that the school accepts no liability for injuries incurred due to the unauthorised wearing of jewellery.
- The student supplies their own tape to cover up and protect the newly pierced area until the recommended min/max time is up.

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Name of student:.....Tutor Group:.....

Date of piercing:.....

I have read the above policy, retained a copy for future reference, and I accept all the points made and agree to abide by them therein.

Signed:..... Please print name here:.....

Relationship to student: Father / Mother / Guardian Date:.....

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